

## Monday, November 2, 2020

**Social Services:** DSS, Maria Herrera will be available to assist you via phone/email/skype between 11:30 am- 6:15 pm

**LifeSTEPS Food Distribution: 12:00 pm**

To all senior residents. DSS will be dropping groceries to your door. We will be practicing social distance guidelines. Subject to cancellation (Subject to cancellation)

**Class: Honoring Veterans: 3:00 pm**

Via Phone/ Email/ Skype

**COVID-19 Education & Referrals: 4:00 pm**

Via Phone/ Email/ Skype

**Case Management: 5:00 pm**

Via Phone/Email/ Skype

## Monday, November 16, 2020

**Social Services:** DSS, Maria Herrera will be available to assist you via phone/email/skype between 11:30 am- 6:15 pm

**LifeSTEPS Food Distribution: 12:00 pm**

To all senior residents. DSS will be dropping groceries to your door. We will be practicing social distance guidelines. Subject to cancellation (Subject to cancellation)

**Stretch Your Dollar- This Holiday Season:**

**3:00 pm**

Via Phone/ Email/ Skype

**Health and Wellness: 4:00 pm**

Via Phone/ Email/ Skype

**Case Management: 5:00 pm**

Via Phone/Email/ Skype

## Monday, November 23, 2020

**Social Services:** DSS, Maria Herrera will be available to assist you via phone/email/skype between 11:30 am- 6:15 pm

**LifeSTEPS Food Distribution: 12:00 pm**

To all senior residents. DSS will be dropping groceries to your door. We will be practicing social distance guidelines. Subject to cancellation (Subject to cancellation)

**Class: Frugal Food and Toiletries: 3:00 pm**

Via Phone/ Email/ Skype

**Health and Wellness: Healthy Meals: 4:00 pm**

Via Phone/ Email/ Skype

**Case Management: 5:00 pm**

Via Phone/Email/ Skype

# University Gardens November 2020



### Reminders:

LifeSTEPS will be closed  
Wednesday, November 11<sup>th</sup>,  
Thursday & Friday November  
26<sup>th</sup> & 27<sup>th</sup>.

## Upcoming Events:

**Tuesday, November 17, 2020**

### CBG Thanksgiving Gift Card Event

CBG will have tents set up on the basketball court. Notices will be sent out to each household with the time you can come and pick up your gift card. One gift card per household. Residents will also receive goodie bags made by LifeSTEPS.

**Educational Classes and Case Management to be held over Phone/ Email/ Skype. The community room will remain closed for events and classes until further notice. Thank you.**



If you need assistance, contact Maria Herrera at [REDACTED]. Or call our Resident Message Line at [REDACTED].