

Meetings and Classes will be held in the community room.

Maria Herrera  
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Resident Message Line:  
 855-395-4463

Drop by or call for an appointment

# University Gardens December 2023



Monday, December 4, 2023	Monday, December 18, 2023	Monday, December 25, 2023	Reminders
<p><b><u>Social Services:</u></b> DSS, Maria Herrera will be available to assist you between <b>11:30 am - 6:15 pm</b> <i>(Please note, the time includes a 30 min. meal break)</i></p> <p><b><u>Class: Stretch Your Dollar with Holiday Décor:</u></b>                      11:45 am – 1:15 pm</p> <p><b><u>Healthy Holiday Celebrations:</u></b>                      2:00 pm – 3:00 pm</p> <p><b><u>Health and Wellness/Case Management:</u></b>                      3:00 pm- 4:00 pm                      Linkage and referrals to community resources.</p> <p><b><u>Bingo:</u></b>                      4:15 pm- 6:15 pm                      Join us in the community room for some BINGO fun. You will have a chance to win prizes.</p>	<p><b><u>Social Services:</u></b> DSS, Maria Herrera will be available to assist you between <b>11:30 am - 6:15 pm</b> <i>(Please note, the time includes a 30 min. meal break)</i></p> <p><b><u>Class: JOBS –Young Adults:</u></b>                      11:45 am – 1:15 pm</p> <p><b><u>Class: Celebrate with Self-Compassion:</u></b>                      2:00 pm – 3:00 pm</p> <p><b><u>Technology 101 Workshop:</u></b>                      3:00 pm- 4:00 pm                      Join DSS in the community for questions regarding smartphones, tablets, and laptops.</p> <p><b><u>Holiday Gathering:</u></b>                      4:15 pm- 6:15 pm                      Join us in the community room for a potluck gathering.</p>	<p><b><u>Social Services:</u></b> DSS, Maria Herrera will be available to assist you between <b>11:30 am – 6:15 pm</b> <i>(Please note, the time includes a 30 min. meal break)</i></p> <p>LifeSTEPS is CLOSED. We will see you in our next schedule site visit.</p> <p style="text-align: center;"></p>	<p><b><u>Monday, December 4, 2023</u></b>                      Bingo                      4:15 pm</p> <p><b><u>Saturday, December 9, 2023</u></b>                      CBG Holiday Party                      See the event flyer for more details.                      12:00 pm – 3:00 pm</p> <p><b><u>Monday, December 18, 2023</u></b>                      Holiday Gathering                      4:15 pm</p> <p><b><u>Monday, December 25, 2023</u></b>                      LifeSTEPS Closed</p>



Empowerment. Impact.  
 Community.  
 One STEP at a time.

