

Monday, February 6, 2023

Social Services: DSS, Maria Herrera will be available to assist you between 11:30 am - 6:15 pm

Class: Healthy Body- Exercise Your Way (CM): 12:00 pm

JOB'S Career One Stop: Getting Back to Work: 2:00 pm

Client Assistance/ Case Management: 3:00 pm
Linkage & Referrals to community resources.

Bingo: 4:00 pm
Join DSS in the community room for some BINGO fun. Win prizes.

Monday, February 20, 2023

~~**Social Services:** DSS, Maria Herrera will be available to assist you between 11:30 am - 6:15 pm~~

LifeSTEPS is CLOSED
We will see you on our next site visit.



Monday, February 27, 2023

Social Services: DSS, Maria Herrera will be available to assist you between 11:30 am - 6:15 pm

Class: Healthy Body - The Easy Way to Get 5 a Day: 12:00 pm

Stretch Your Dollar with Groceries, Insta Cart, Walmart, & Amazon: 1:00 pm

COVID Education & Referrals: 3:00 pm
Linkage & Referrals to community resources.

Valentine's Painting and Cupcakes: 4:00 pm
Join DSS in the community room for a fun evening of painting and a sweet treat.

University Gardens February 2023



Reminders:
LifeSTEPS will be closed
Monday, February 20th.

Meetings & Classes will be held
in the community room.

Upcoming Events

Monday, February 6, 2023

Bingo
4:00 pm

Tuesday, February 14, 2023

UG Monthly Safety Meeting
For more information see attached
Safety Meeting flyer
5:30 pm

Monday, February 20, 2023

LifeSTEPS is Closed

Monday, February 27, 2023

Painting & Cupcakes
4:00 pm

For assistance or to schedule an
appointment contact.

Maria Herrera
Director of Social Services

Resident Message Line:
(855)395-4462

Empowerment. Impact.
Community.
One STEP at a time.



LifeSTEPS
Life Skills Training & Educational Programs