



**Monday, February 7, 2022**

**Social Services:** DSS, Maria Herrera will be available to assist you between 11:30 am- 6:15 pm

**Class: Healthy Body-Exercise Your Way:** 12:00 pm

**Covid-19 Education & Referrals:** 2:00 pm Need  
help ordering at home self-test kits, making booster shot appointments? We are here to help. Make an appointment.

**Valentines Cupcakes Grab & Go:** 4:00 pm

This is a Grab and Go activity. You must follow all CDC guidelines (wear your face masks & keep 6 ft. distance).

**Chess Club:** 5:00 pm  
Calling all Chess players. We are starting a chess club on site and we are looking for residents who would like to teach chess to students. Please give DSS, Maria a call or visit her in the community room.

**Case Management:** 5:00 pm

For assistance, contact Director of Social Services  
**Maria Herrera** [REDACTED]  
Resident Message Line [REDACTED]

**Monday, February 21, 2022**

**Social Services:** ~~DSS, Maria Herrera will be available to assist you between 11:30 am- 6:15 pm~~

**LifeSTEPS is CLOSED.**  
**We will see you on our next scheduled site visit.**

**Reminder:**  
**LifeSTEPS will be closed Monday, February 21<sup>st</sup>.**

**Monday, February 28, 2022**

**Social Services:** DSS, Maria Herrera will be available to assist you between 11:30 am- 6:15 pm

**Class: Healthy Body- The Easy Way to Get 5 a Day:** 12:00 pm

**LifeSTEPS Food Distribution:** 2:00 pm  
DSS will be dropping groceries to senior residents. We will be practicing CDC guidelines- wear your face mask & maintain 6 ft distance (Subject to cancellation)

**Jump On Board for Success (J.O.B.S.): Getting Back to Work:** 4:00 pm

**Health and Wellness:** 5:00 pm  
Please call to schedule an appointment. You must follow all CDC guidelines (wear your face masks & keep 6 ft. distance).

