

Meetings and Classes will be held in the community room.

Maria Herrera
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Resident Message Line:
 855-395-4463
 Drop by or call for an appointment



University Gardens October 2023

Monday, October 2, 2023	Monday, October 16, 2023	Monday, October 23, 2023	Reminders
<p>Social Services: DSS, Maria Herrera will be available to assist you between 11:30 am - 6:15 pm <i>(Please note, the time includes a 30 min. meal break)</i></p> <p>Spiritual Self-Care: 11:45 am- 1:15 pm</p> <p>Health and Wellness/Case Management: 2:00 pm- 4:00 pm Linkage and referrals to community resources.</p> <p>Bingo: 4:15 pm- 6:15 pm Join DSS in the community room for some BINGO fun. Win prizes.</p>	<p>Social Services: DSS, Maria Herrera will be available to assist you between 11:30 am - 6:15 pm <i>(Please note, the time includes a 30 min. meal break)</i></p> <p>Get the Most Out of Your Doctor's Visit: 11:45 am- 1:15 pm</p> <p>Technology 101 Workshop: 2:00 pm- 3:15 pm Join DSS in the community for questions regarding smartphones, tablets, and laptops.</p> <p>Nutrition 101 Workshop: 3:15 pm- 4:15 pm Join DSS in the community room for some healthy recipes.</p> <p>Birthday Celebrations: 4:15 pm- 6:15 pm Join DSS in the Community room for a special treat for everyone honoring our October birthdays.</p>	<p>Social Services: DSS, Maria Herrera will be available to assist you between 11:30 am - 6:15 pm <i>(Please note, the time includes a 30 min. meal break)</i></p> <p>Class: JOBS Changing Careers: 11:45 am- 1:15 pm</p> <p>Health and Wellness/Case Management: 2:00 pm- 4:00 pm Linkage and referrals to community resources.</p> <p>Halloween Treats: 4:15 pm- 6:15 pm Join DSS in the community room for some Spooky treats all ages welcome. First come First Served bases.</p>	<p>Monday, October 2, 2023 LifeSTEPS Bingo 4:15 pm</p> <p>Tuesday, October 10, 2023 UG Monthly Safety Meeting 5:30 pm</p> <p>Monday, October 16, 2023 LifeSTEPS Birthday Celebrations 4:15 pm</p> <p>Tuesday, October 17, 2023 Life Skills & Job Readiness Informational meeting by Skipp Townsend of 2nd Call 6:00 pm</p> <p>Monday, October 23, 2023 LifeSTEPS Halloween Treats 4:15 pm</p>



Empowerment. Impact.
 Community.
 One STEP at a time.

