

Director of Social Services,  
**Maria Herrera** will be available via  
 phone, email, and texts.

[mherrera@lifestepsusa.org](mailto:mherrera@lifestepsusa.org)



Resident Message Line:  
 855-395-4463

# University Gardens

July 2023



Monday, July 10, 2023	Monday, July 24, 2023	Monday, July 31, 2023	Reminders
<p><b>Social Services: DSS, Maria Herrera</b> will be available to assist you between 11:30 am - 6:15 pm</p> <p><b>Class: Sun Safety 12:00 pm</b></p> <p><b>Health and Wellness/Case Management: 2:00 pm</b>            Linkage and referrals to community resources.</p> <p><b>Bingo 4:00 pm</b>            Join DSS in the community room for some BINGO fun. Win prizes</p>	<p><b>Social Services: DSS, Maria Herrera</b> will be available to assist you between 11:30 am - 6:15 pm</p> <p><b>Class: Seasonal Healthy Meals 12:00 pm</b></p> <p><b>Class: Mental Health Support 12:00 pm</b></p> <p><b>Summer Arts &amp; Crafts and Popsicles: 4:00 pm</b>            Join DSS in the community room for a calming evening of painting and a sweet treat.</p>	<p><b>Social Services: DSS, Maria Herrera</b> will be available to assist you between 11:30 am - 6:15 pm</p> <p><b>Class: JOBS Seasonal Work 12:00 pm</b></p> <p><b>Tech 101 Support 2:00 pm</b>            Join DSS in the community room for assistance with your tech gadgets.</p> <p><b>Birthday Celebrations 4:00 pm</b>            Join DSS in the Community room for a special treat for everyone honoring our July birthdays.</p>	<p><b>Monday, July 10, 2023</b>            Bingo            4:00 pm</p> <p><b>Monday, July 24, 2023</b>            Summer arts &amp; crafts            4:00 pm</p> <p><b>Monday, July 31, 2023</b>            Birthday Celebration            4:00 pm</p>



Empowerment. Impact.  
 Community.  
 One STEP at a time.

